



Hwa Rang Do

Class Schedule 2020



Tae Kwon Do

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NINJAS Ages 4-8 4:00pm - 4:45pm	NINJAS Ages 4-8 4:00pm - 4:45pm	NINJAS Ages 4-8 4:00pm - 4:45pm	NINJAS Ages 4-8 4:00pm - 4:45pm	NINJAS Ages 4-8 4:00pm - 4:45pm	BLACK BELT PREP 9:00am - 10:00am
DRAGONS Ages 8 - 12 5:00pm - 6:00pm	DRAGONS Ages 8 - 12 5:00pm - 6:00pm	DRAGONS Ages 8 - 12 5:00pm - 6:00pm	DRAGONS Ages 8 - 12 5:00pm - 6:00pm	DRAGONS Ages 8 - 12 5:00pm - 6:00pm	HAND TECHNIQUE 10:00am - 11:00am
Black Belt DRAGONS Ages 7 - 18 6:00pm - 7:00pm	Black Belt DRAGONS Ages 7 - 18 6:00pm - 7:00pm	Black Belt DRAGONS Ages 7 - 18 6:00pm - 7:00pm	DRAGONS Ages 7 & up <u>Sparring</u> 6:00pm - 7:00pm		DRAGONS Ages 7 and up <u>Black & Color Belts</u> 11:00am - 12:00am
ADULTS Ages 13+ Black/Color Belts 7:00pm - 8:00pm	ADULTS Ages 13+ Black/Color Belts 7:00pm - 8:00pm	ADULTS Ages 13+ Black/Color Belts 7:00pm - 8:00pm	ADULTS Ages 13+ Black/Color Belts 7:00pm - 8:00pm		

- ☉ Student should arrive 5-10 minutes before class to prepare for their class without distracting the class currently in session.
- ☉ Students must call the school if they are unable to attend their regularly scheduled class
- ☉ Uniforms must be kept clean, pressed and odor free.
- ☉ Open classes are available if students need make up classes. Students must make arrangements with the instructor 1 week prior.
- ☉ No eating, drinking or snacking is allowed on the dojang mats at any time.
- ☉ Always show respect and always have fun!
- ☉ **Parents:** Please be sure to keep your voice low during classes. Cell phones should be silenced. Please take any calls outside the school.

8335 Lockwood Ridge Road, Sarasota, FL 34243

941-358-5885

www.ShillaHwaRangDo.com